

## **WHAT IS ROUGH AND DRY SKIN?**

Dry skin can occur anywhere on the body, but certain areas are more likely to become very dry or even rough and cracked. ... Very dry skin can be very tight, very rough, scaly and itchy. The skin feels very tight and rough and may also start to appear scaly and flaky.

## **CAUSES OF ROUGH AND DRY SKIN**

Other skin conditions which result in dry, rough, scaly, itchy, flaky and cracked skin include Atopic Dermatitis on the face or body, Ichthyosis, Keratosis Polaris and Psoriasis. ... Affected skin is extremely itchy. Keratosis Polaris is a condition caused when too much keratin builds up in the skin's hair follicles.

## **SYMPTOMS OF ROUGH AND DRY SKIN**

A feeling of skin tightness, especially after showering, bathing or swimming. Skin that feels and looks rough. Itching (pruritus) Slight to severe flaking, scaling or peeling.

## **NEUROTHERAPY TREATMENT**

- (3) Lt Ov**
- (3) Rt Ov**
- (4) Thyroid**
- (6) Adr**